

Precautions After Tightening Injection

Please review the following information to help ensure a natural and stable lifting effect.

I. Aftercare Guidelines

- For 7 days after the procedure, please avoid saunas, steam rooms, half-baths, strenuous exercise, massages, alcohol, and smoking.
- Please do not rub the treated area forcefully or apply excessive pressure.
- You may wash your face and wear makeup immediately after the procedure.
- To enhance and support the lifting effect, please wear the lifting band regularly.
- To allow the results to settle properly, please avoid other lifting or contouring treatments, such as ultrasound lifting or contour injections, for 2 weeks after the procedure.

II. Changes That May Occur During Recovery

- The lifting effect develops gradually from around 3 to 4 days after the procedure and continues to improve over about 2 weeks.
- As the tissue settles, you may feel a temporary pulling sensation, but this usually improves over time.
- In rare cases, mild facial asymmetry may appear temporarily. If it continues after 2 weeks, it can be evaluated and corrected after a follow-up visit.
- This lifting injection is designed to create a structural lifting effect by refining and lifting the jawline.
- Because of this, repeatedly making expressions that strongly pull the corners of the mouth downward may cause the area around the mouth to feel slightly awkward for a period of time, but this is usually part of the normal adjustment process.

III. Results and Progress

- Results and duration may vary depending on your muscle movement habits and tissue condition.
- To maintain more balanced results, treatment at approximately 3-month intervals is recommended.

- A follow-up evaluation is generally recommended around 2 weeks after the procedure.

IV. Additional Information

- The lifting band is a face band that helps support and maintain the treatment results.
- Wearing the lifting band consistently for 2 to 4 weeks after the procedure can be beneficial.
- A tentative follow-up appointment has been scheduled for 3 months later for your next treatment.
- You may receive a reminder text message the day before your appointment. If you need to adjust the schedule, please contact us.



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