

Precautions After Chin Correction

Please review the following information to help ensure the tissue stabilizes properly and a natural chin line is formed.

I. Aftercare Guidelines

- Suture removal must be done within 3 to 7 days after the procedure, and you must return to the clinic during this period. **If too much time passes, stitch marks may remain as scars, so please make sure to visit within the recommended period.**
- From immediately after the procedure through the first 3 days, use cold compresses as needed.
- If you have pain, please take pain medication for 2 to 3 days as needed.
- For 3 to 5 days, please sleep on your back with your head elevated on a pillow.
- You may wash your face and shave, but do not rub or strongly irritate the treated area for 5 days.
- Light makeup may be applied after 24 hours as long as it is done gently without irritation.
- For about 2 weeks, please avoid excessive facial movement, high-impact exercise, strong sun exposure, and tanning.
- For 2 to 3 weeks, please avoid saunas, steam rooms, bathing, alcohol, and smoking.
- For 4 weeks, please avoid chin massage and any strong cosmetic stimulation to the area.
- Please avoid resting your chin on your hand, lying face down, or any action that applies strong pressure to the treated area.

II. Changes That May Occur During Recovery

- Temporary swelling and bruising gradually improve over about 1 to 2 weeks after the procedure.
- Swelling and bruising may continue to increase until about 3 days after the procedure.
- You may feel pulling or pain around the tip of the chin when chewing or making facial expressions, but this usually settles within 1 to 2 weeks.

III. Results and Progress

- As the tissue stabilizes, the chin line gradually becomes more natural and refined.
- Recovery progress may vary depending on each individual's tissue condition and healing speed.

IV. When to Consult Your Medical Provider

- If swelling or pain becomes abnormally severe or lasts longer than 2 weeks
- If infection is suspected, such as redness, heat, or discharge
- If you experience any of the above symptoms, please contact our clinic and visit for an evaluation.



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