



Haru Clinic

Precautions After Skin Botox

It's common to experience some swelling, bruising, or itchiness following your Skin Botox (Wrinkle Botox) procedure. Please follow these precaution instructions for your best recovery:

1. It's best to receive Skin Botox injections before deep wrinkles set in. Established lines may not be fully corrected by Botox alone and might require additional treatments such as thread lifting or fillers for the most optimal results.
2. Light makeup is fine immediately after your procedure, but wait 3-4 hours for cleansing or applying full makeup.
3. For about one week post-treatment, please avoid hot baths, saunas, intense physical activity, massages, alcohol, and smoking.
4. To prevent Botox from spreading beyond the targeted muscles, avoid massaging, receiving facial treatments, or rubbing the treated area for two weeks.
5. The greater the muscle activity, the quicker the Botox effects may appear, but responses vary depending on individual muscle conditions.
6. Although rare, inflammation or allergic reactions may occur. If they do, seeking prompt medical attention can lead to improvement.
7. The effects of Skin Botox are typically noticeable within two weeks after treatment.
8. You might feel unusual when making facial expressions as you're unable to use the muscles you're used to use. This sensation will normalize as the muscles adjust to the Botox.
9. Should you insist on additional amount of Botox despite already visible results, there's a risk of adverse side effects such as difficulty opening the eyes or unnatural facial expressions, so please follow the instructions from your doctor for the best results.
10. Follow-up assessments for Skin Botox can be done within 2-3 weeks post-treatment.

See you
at your next
visits at Haru



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