



Haru Clinic

Precautions After Point V Chin Correction

It's common to experience some swelling and bruising following your Point V Chin Correction procedure. Please follow these precaution instructions for your best recovery:

1. Please have the stitches removed within 3-7 days after the procedure **to avoid stitch marks. Make sure to visit within the given timeframe.**
2. Bruising and swelling may last for about 2 weeks.
3. For the first 3 days, swelling is common; using ice pack may help with reducing the swelling.
4. If you experience pain, please take prescribed painkillers for 2-3 days.
5. Sleep flat on your back with your head elevated for 3-5 days.
6. Don't rub the treated area. Wash and shave gently, then pat your face with dry towel carefully for 5 days.
7. Gentle makeup is possible 24 hours after the procedure.
8. Please avoid excessive sun exposure and no tanning beds for 2 weeks.
9. Please avoid facial massages and beauty treatments for 4 weeks.
10. Please avoid intense sports like running, for 2 weeks.
11. Please avoid saunas and hot bath for 2-3 weeks.
12. Please avoid excessive use of facial muscles for 2 weeks.
13. Please avoid alcohol and smoking for 1 week during taking antibiotics.

See you
at your next
visits at Haru



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