



Haru Clinic

Precautions After Collagen Tightening

It's common to experience some swelling and bruising following your Collagen Tightening procedure. Please follow these precaution instructions for your best recovery:

1. Doctor will prescribe 7 days of medicines. Please take prescribed medicines for 4 days after the initial procedure, 3 days after the second retouch. We recommend the second retouch at least one month after the first procedure for the best result.
2. Please wait 4 hours after the procedure before you lightly apply makeup or wash your face.
3. Please avoid touching the treated area as it may bruise; if necessary, apply a cold compress immediately after the procedure.
4. Please take the prescribed medication as instructions. (mandatory)
5. Please refrain from taking baths, saunas, or steam baths for 1-2 weeks after the procedure.
6. Skin surface of treated area may look uneven for 1~2 weeks during the initial healing phase.
7. After the procedure, please avoid rubbing or excessively touching the treated area to allow it to settle properly.
8. Collagen production will gradually increase post-procedure, with effects becoming evident up to a month later. Therefore, we recommend scheduling any touch-up treatments after one month.

*Despite medication, inflammation can occur in about 1 in 1000 cases. If the treated area becomes more painful or changes color (white or red) compared to the day before, please visit the clinic. (symptoms may include pain, color change to red or white, or the appearance of white, pimple-like bumps)

*In extremely rare cases (1 in 10,000), anaphylaxis (acute allergic respiratory distress) can occur after filler treatments. Immediate medical attention can improve this condition.

See you
at your next
visits at Haru



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